



Rotary
DISTRICT 3211



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Suburban Voice

Monthly Bulletin of Rotary Club of Trivandrum Suburban

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ROTARY CLUB OF TRIVANDRUM SUBURBAN





Francesco Arezzo

Rotary International President 2025-26

We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember, there is now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

In Korea, the growth of satellite clubs has created opportunities for nearly 1,000 new members to find their place in Rotary. In Romania, the close collaboration between Rotarians, Rotaractors, and Interactors has built a pipeline of future leaders. In India, some Rotarians gather around a shared interest — whether it's professional development or a passion for service — and those connections deepen their commitment and their joy in being part of Rotary. And we've seen cause-based clubs thrive in regions as diverse as Southeast Asia, Africa, and Europe.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.

This spirit of innovation is also guiding our efforts to reach new communities. In places where there has never been a Rotary club — or where a club once existed and faded — Rotarians are finding ways to grow Rotary. They are identifying areas of potential and building clubs that reflect the character and needs of their communities.

Every member plays a part in this journey. Whether you introduce a friend to your club, support a new meeting format, reconnect with program alumni, or simply share your Rotary story, you are helping our organization grow stronger and more vibrant.

No one owns a Rotary club. It is a gift we pass on to the next generation. When we nurture that gift, when we invite others to share in it, we ensure that Rotary continues to be a force for good.

Let's prioritize membership growth — not just in August but every month of the year. Together, through friendship, creativity, and shared purpose, we will grow Rotary and Unite for Good.

MESSAGE for August 2025

August is Membership Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy.



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President's Message

Dear Fellow Rotarians, Anns and Annets,

"Perfection is not attainable, but if we chase perfection we can catch excellence." - Vince Lombardi

August 2025 marked our observance of Membership and New Club Development Month—a truly enriching period filled with active engagement, impactful programs, and warm camaraderie. Below is an overview of our key accomplishments:



Weekly Meetings & Celebrations We hosted five weekly meetings featuring inspiring speakers who addressed topics including Friendship, Living in the Present, Membership Growth and Retention, and Graceful Ageing. Our gatherings also honored Onam, Charter Day, and Independence Day, while our informal "Chai Pe Charcha" sessions fostered deeper connections among members.

Special Events Independence Day was commemorated at Rotary Tower with stirring messages from senior Rotarians. On August 30th, our combined Onam and Charter Day Celebration featured cultural performances, traditional Onam Sadya, and special recognition for our Charter Members. We also launched the Suburban Music Club as a new avenue for fellowship through music.

Youth & Wellness Initiatives International Youth Day was marked with a Freedom Quiz for our Rotaract and Interact members. Health-focused activities included Bone Mineral Density Testing for members and our Walk to Health event at Museum Ground. The Movie Buffs group organized a fellowship screening of Hrudayapoovram at Ariesplex SL.

Service Projects We actively supported District Projects Vidya, Abhaya, and Shreya, providing educational assistance, motivational programs, stitching skills training, and food support to girl students and women in need. Members also participated in Oppol District Project Training and the LEAD 2025 leadership program.

Club Administration Our Second Board Meeting for RY 2025–26, held on August 12th, concentrated on enhancing club operations and strengthening our membership base. Every program throughout the month aligned with our Membership and New Club Development theme, emphasizing growth, retention, and active participation.

August was truly exceptional—a month that seamlessly wove together service, fellowship, and learning. My heartfelt gratitude goes to all Rotarians, Anns, Annets, and friends for your unwavering support and commitment. Let us carry this momentum forward into the months ahead.

Yours in Rotary,

Rtn. Vinod Narayanan

President, Rotary Club of Trivandrum Suburban

Rotary Year 2025-26



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Secretary's Message

Dear Rotarians, Anns and Annets,

“Happiness is not something readymade. It comes from your own actions.”-Dalai Lama

August 2025 was a truly inspiring month for our Club. With five well-organized weekly meetings, meaningful speaker sessions, and joyful celebrations of Independence Day, Onam, and Charter Day, we created many memorable moments together. The launch of the Suburban Music Club, the Freedom Quiz for youth, health initiatives like the Bone Density Test and Walk to Health, and our active participation in District Projects Vidya, Abhaya, and Shreya all reflect the depth of our collective commitment.

I wholeheartedly appreciate the enthusiasm and teamwork shown by every member throughout these activities. Your presence and participation make each program stronger and more impactful.

As we move forward, I encourage all members to stay involved, stay motivated, and continue contributing your ideas and energy. When we show up together, Rotary grows—and our community benefits. Let us keep this positive spirit alive and work towards even greater achievements in the months ahead.

Thank you for your continued support and dedication.

With Warm regards,

Rtn. Ramesh R
Secretary, Rotary Club of Trivandrum Suburban





Editor's Message

Dear Rotarians, Anns and Annets,

“Success is never permanent, and failure is never final.” - Mike Ditka
August 2025 was a month that truly reflected the spirit of Rotary—active, vibrant, and full of purpose. From five engaging weekly meetings to enriching speaker sessions on Friendship, Living in the Present, Membership Retention, and Graceful Ageing, our members actively participated and contributed to every moment.

The celebrations of Independence Day, Onam, and Charter Day added colour and unity, making this month especially memorable.

Our youth- and health-focused activities, including the International Youth Day Freedom Quiz, Bone Mineral Density Test, Walk to Health, and the fellowship film show, reminded us that Rotary's strength lies not only in service but also in promoting wellbeing and togetherness. Supporting district initiatives such as Vidya, Abhaya, and Shreya once again showcased our Club's commitment to education, empowerment, and community care.

What makes these achievements truly special is the spirit behind them—your presence, your energy, and your willingness to contribute. Every act, big or small, has helped shape a successful and meaningful month for our Club.

As your Editor, I encourage each member to continue this momentum. Attend meetings, take part in activities, bring ideas, and lend your voice where it matters. Rotary becomes stronger only when you get involved. Your participation inspires others, strengthens fellowship, and fuels the positive change we aim to create.

Let us keep moving forward with enthusiasm and confidence. Together, we can make every month more impactful than the last.

Let's continue to inspire. Let's continue to serve. Let's continue to grow—together.

Warm regards,

Rtn. Arunkumar B

Magazine Editor, Rotary Club of Trivandrum Suburban



Warmest Wishes to Our August Birthday Stars

In the spirit of fellowship and camaraderie, we extended our warmest wishes to our esteemed members who celebrated their birthdays in June.

August 20 : Ann. Lakshmy Ashok

August 23 : Rtn. Philip Mulappone M T

August 28 : Rtn. Lijoy L R

Anniversary Wishes to Our Radiant Rotary Couples

August 18 : Rtn. Dinesh V P

August 18 : Rtn. Deepu Thomas

August 20 : Rtn. Arun Sreeramachandran & Lakshmi

August 27 : Rtn. Venugopal K & Ann. Swapna

August 27 : Rtn. Sreekantan Nair & Ann, Sathi

“Warm wishes to our beloved Rotarians and their Anns on their special milestones”

Forthcoming Meetings

September 12 : Weekly Meeting at Hotel Prasanth

September 19 : Weekly Meeting at TTC Tower

September 26 : Online Weekly Meeting



ACTIVITY REPORT –AUGUST 2025

1. Weekly Meetings.

a. **First weekly meeting** for the month of August 2025 was conducted on 1 Aug 2025 @ Hotel Prasanth. Meeting started with an informal session “Chai Pe Charcha” @ 7pm. Formal meeting started at 7.30 pm. Guest Speaker: Sri Ashok Kumar, Author and HR Professional Topic: Friendship.



b. **Second weekly meeting** for the month of August 2025 was conducted online on 8th Aug 2025. Meeting started at 7.30 pm. Guest Speaker: Sri Suresh Kumar, Corporate Trainer and Consultant. Topic: Living in the Full and Now.



c. **Third weekly meeting** for the month of August was conducted along with Independence Day Celebrations on 15th August 2025 @ Rotary Tower.

d. **Fourth Weekly meeting** for the month of August 2025 was conducted on 22nd Aug 2025 @ Board Room. “Chai pe Charcha” @ 7.00pm Topic: How can we make ageing graceful and meaningful. Trivandrum Club. Guest Speaker: Rtn. Parvathy Raghunath. Topic: Membership Growth and Retention.



e. **Fifth weekly meeting** for the month of August was conducted along with Onam Celebrations and Charter Day Celebrations on 30th August 2025 @ Central Residency, Thampanoor.

2. Board Meeting

Board Meeting (Second Board Meeting of RY-2025-26) for the month August was conducted on 12 Aug 2025 @ TTC, Trivandrum @ 7.30 PM.



ACTIVITY REPORT –AUGUST 2025

3. Independence Day Celebrations:

Independence Day Celebrations was conducted on 15th Aug 2025 @ Rotary Tower. National Flag Hoisting Ceremony took place @ 8.30 am by President Rtn. Vinod Narayanan making the beginning of Independence Day Celebrations. In his Independence Day message, President Rtn. Vinod Narayanan highlighted recent developments and achievements of India. He expressed heartfelt gratitude to all Rotarians, Anns, Annets Inner Wheel Club Members and Satlite Club representatives for their active participation. Special thanks extended to Rtn. Ramakrishnan , Rotary Club of Trivandrum Suburban Charitable Society and Rtn. Arun S for coordinating the event. Followed by President's Message, Senior Members- Rtn. Ramakrishnan, Rtn. KG Nair, Rtn. Shahabudeen, Rtn.Mohandas and Rtn. Dr. NRUK Kartha shared inspiring Independence Day Messages. International Youth Day.



ACTIVITY REPORT –AUGUST 2025

5. Onam Celebrations

was conducted on 30th August 2025 @ Hotel Central Residency. Rotarians, Anns and Annets participated and various cultural events organized followed by Onam Sadya and fellowship. Onam kit was handed over to MANAR Representatives on 30th August. Rtn. KG Nair, Rtn. Shahabudeen and Rtn. Dr. Baiju Ramachandran supported by sponsoring Onam Kit. Suburban music club was inaugurated during Onam Celebrations under the guidance of Rtn. Rufus, Rtn. Albert Alex. Members are Ann Priyadarsini, Rtn. Ramesh, Ann Thara and Ann. Liza Jose. More members are expected to join.



6. Charter Day Charter Day was observed on 30th Aug 2025 @ Hotel Central Residency. Charter Members (Rtn. KG Nair, Rtn. Shahabudeen and Rtn. John Kurian) were recognized.



7. Oppol District Project Training: Rtn. Dr. Baiju B, Rtn. Vinod Narayanan, Rtn. Ramesh R, Rtn. Arun S participated in Oppol District Project Training on 30th Aug 2025.



8. LEAD 2025: Rtn. N.S. Sarma and Rtn. Dr. Ciniraj Raveendran attend Rotary Leadership Program at Chennai on 22nd and 23rd of August 2025.



9. BMD (Bone Mineral Density) Test for Rotary Members and their family was conducted on 15th Aug 2025 @ Rotary Tower.

10. Walk to Health: A unique program called “Walk to Health” was organized for Rotarians, Anns and Annets on 9th Aug 2025 @ Museum Ground. Rotarians, Anns and Annets participated in morning walk at Museum Ground followed by breakfast.



11. Movie Buffs: Club organized movie program on 2nd Aug 2025 @ Ariesplex SL, Thampanoor for members. Film: Hrudayapoovram.

ACTIVITY REPORT –AUGUST 2025

12. District Projects:

Vidya (Oppol): Rtn. Dr. NRUK Kartha conducted a session for girl students @ RKD NSS Scholl, Sasthamangalam on 5th Aug 2025. Topic: How to become Achievers. Rtn. Mohandas and Rtn. Naik was also present during the presentation.



Rtn. Mohandas conducted a motivational session for girl students of Karnunyalam Poovar on 9th Aug 2025.



13. Abhaya (Oppol): Club Contributed INR 10,000/- towards Mothers' Touch to help destitute women to cook food and distribute among needy people.



Rtn. Dr. Baiju B, Assistant Governor, handed over the cheque to Sri Ajo, Founder Cambio Foundation.



14. Shreya: Shreya Project was inaugurated by Rtn. Dr. Baiju B, Assistant Governor in the presence of Rtn. Mohandas and Rtn. Vinod Narayanan. This project is to support destitute women to undergo stitching training. The project is executed in association with Cambio Foundation.

15. Vayanakalari : The event was held at Holy Angels Convent H.S.S., General Hospital Junction, with the support of Malayala Manorama. Dr. Baiju Ramachandran, Past President of the Rotary Club of Trivandrum Suburban, addressed the students and spoke about the value and benefits of regular newspaper reading.



PHOTO GALLERY

